



Absolute Flavors/Smokey D's BBQ
 20 NW 54th Avenue
 Des Moines, IA 50313
 (515) 243-2747



Open Monday through Friday 11am-7pm

Carryout Menu

Sandwiches

All of our BBQ meats are seasoned and slow smoked over hardwoods. Our BBQ has won hundreds of awards in local, regional and national competitions. 4- time award winners at the Jack Daniels World Championship Invitational BBQ

Pulled Pork	\$4.49
Beef Brisket	\$4.95
Smoked Turkey	\$4.49
Smoked Sausage	\$4.95
Burnt Ends	\$5.25

Add any 2 side dishes to a Sandwich for only \$2 more

Ribs

Our Ribs are seasoned and smoked over Hickory and Apple wood. These same ribs scored a perfect score at the 2003 American Royal BBQ And won 3rd place honors at the 2004 Jack Daniels World Championship Invitational BBQ

Lunch Rack (4 bones)	\$5.95
Half Rack (6 bones)	\$7.95
Full Rack	\$14.95

Add any 2 side dishes to Ribs for only \$2 more

BBQ Platter

Choice of 2 meats, 2 sides and a slice of toasted garlic bread	\$10.95
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Chef's Selections

Chicken Salad Croissant	\$4.49
Smoked Turkey Club	\$4.95
Grilled Portabella and Boursin Wrap	\$4.95
Soup (Chili or Potato Bacon) (Add Cheese \$.35)	\$3.50
Entrée Salad (Grilled Chicken Caesar, BBQ Salad (choice of meat) or Greek Salad)	\$5.95
Side Salad	\$2.95

Add any 2 side dishes to a Chef's selection for only \$2 more

Side Dishes

BBQ Beans	\$1.25
Potato Salad	\$1.25
Potato Casserole	\$1.25
Cole Slaw	\$1.25
Cucumber and Onion Slaw	\$1.25
Pasta Salad	\$1.25
Marinated Vegetable Salad	\$1.25
Potato Chips	\$1.25
Garlic Bread (2 slices)	\$1.25
Macaroni and Cheese	\$1.25

Desserts

Cookies	\$.99
Brownies	\$1.25
Dode Bars	\$1.75

Beverages

12 oz can pop/Bottled Water	\$.99
20 oz bottled pop/Powerade	\$1.25
Lemonade/Assorted Teas	\$1.25
Full Throttle Energy Drink	\$1.75

Meat by the Pound

All of our BBQ meats can be purchased ready to serve, cold ready to reheat, or frozen for later use

Chopped Pork	\$7.99/lb
Beef Brisket	\$9.99/lb
Smoked Turkey	\$7.99/lb
Smoked Sausage	\$8.99/lb
Burnt Ends	\$10.99/lb
Full Rack of Ribs	\$14.95

Side Dishes

Our side dishes are a made from Scratch in our kitchen each day.

1/2 pint (Feeds 2 people)	\$1.95
Pint (Feeds 3-4 people)	\$3.95
Quart (Feeds 6-8 people)	\$5.95

Sauces

We proudly serve Russ and Franks award winning BBQ sauces, an Iowa favorite.

Mild, Sassy or Fiery pint jars	\$4.95
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Let us customize a catering menu for your next event. For all your catering needs, please give us a call at 515/243-2747. From BBQ to extravagant courses designed by our Executive Chef, no event is too big or small